



## Need help accessing and booking NHS health services online?

The NHS App is easy to use and is the simplest way to access a range of health services.

It's free to install and once registered you can use it to book appointments, arrange prescriptions and view your health records. You can also access all these services online, on any device, at www.nhsapp.service.nhs.uk



Our fully trained Digital Health Volunteers can help you download, install and operate the NHS app so you can get the most from it.

**WHERE:** Sutton Central Library

(you'll find us near the entrance by the Family Hub area - look out for our banner)

WHEN: Mondays and Tuesdays 10am - 4pm

WHAT YOU'LL NEED: email address, smartphone (if you have

one), NHS number

No need to book just turn up and our friendly team of volunteers will be happy to help!

